



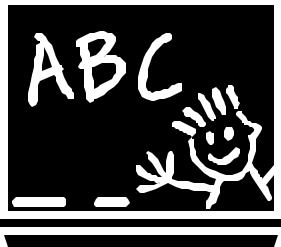
How Do I Apply?

To sign your child up for free school meals, speak with the

- ◆ Local educational agency liaison for homeless children (ask at your child's school), or
- ◆ Principal of your child's school, or
- ◆ Homeless shelter director (if you're staying in one).

These people will help you get free school meals for your child fast.

New rules allow these people to designate your eligibility for this faster service and they will pass the information along to the school's food program.



Who Can I Call If I Have Questions?

For more information about the School Lunch program, please contact:

National Center for Homeless Education

Phone: 1-800-308-2145

Website: www.serve.org/nche

Food Research and Action Center

Phone: (202) 986-2200

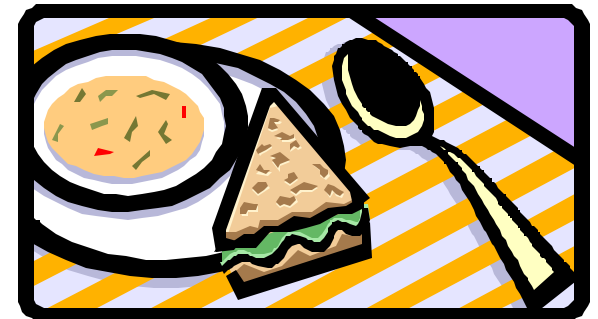
Website: www.frac.org

The United States Department of Agriculture (USDA) prohibits discrimination in its programs on the basis of race, color, national origin, sex, religion, age, disability, political beliefs, and marital or family status.



Is Your Family Facing Homelessness or Housing Problems?

Special New Rules Make Signing Up For Free School Meals Fast and Easy!





School Meals

All parents know that nutritious meals are important for children to grow, keep healthy and learn.

When times get tough it can be hard to get children all the healthy food they need.

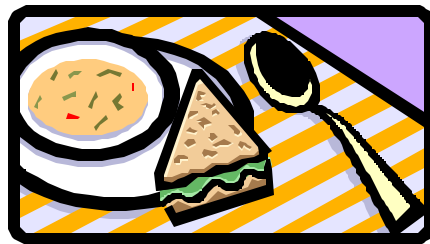
Free breakfast, lunch and afterschool snacks served through the National School Lunch and School Breakfast Programs may be one way to make sure your child can grow and learn.



New Rules Make Signing Up For Free School Meals Fast and Easy

The school lunch and breakfast programs have special new rules to help families facing housing problems and homelessness. These rules allow children and youth to quickly qualify for free school meals.

No documents or paperwork are required.



Who May Be Eligible?

Children and youth in families with housing problems that have forced them to:

- ◆ Live temporarily with another family.
- ◆ Live in a motel, campground or car.
- ◆ Live in an emergency, domestic violence or transitional shelter.



Children and youth on their own:

- ◆ Living temporarily with another family.
- ◆ Living in a motel, campground or car.
- ◆ Living in an emergency, transitional or runaway shelter.
- ◆ Awaiting foster care placement.

